

TASHLICH

| Temple Beth Elohim | a "casting off" of sins

Audio Podcast

TBE youth Asher and Lev Navisky, and Adah and Elodie Rosen have produced a podcast with TBE's favorite Tashlich host, Jerry Slavet. Congregant Rachel Rock also shares a teaching about water. Tune in as these youth, Jerry, and Rabbi Saphire guide you through a brief independent Tashlich service with poetry, meditation, and music.

Scan this QR code with your camera:



Or go to:

TBEwellesley.org/tashlich-from-home

Tashlich Location

It is customary to perform Tashlich by the shores of a flowing body of water - a stream, lake, pond, or ocean. TBE favorites are: The Charles River, Cutler Park (Needham), Morse Pond (Wellesley), Crystal Lake (Newton), Lake Cochituate (Natick)

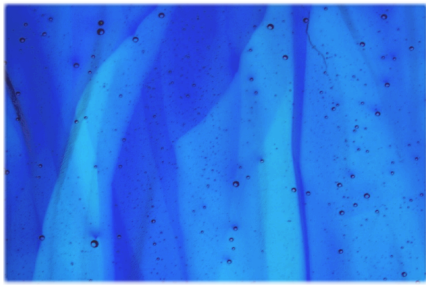


Your Guide to Tashlich

For decades the TBE community has gathered by the waters of the Charles River to cast our misdeeds into the water. It has 'NEVER' rained on Tashlich and we are determined to continue this beloved tradition in a unique way as we welcome 5781. While you will likely gather for Tashlich independently this year, we provide you with two resources: use the back of this prayer page for a self-guided experience and/or tune in to our first-ever TBE Tashlich audio podcast to follow along as we guide you. Simply bring this page and your smart phone to the waters. Once at the water, type in the web link or "scan" the QR code provided to the left.

Take pictures of your experience and post them on social media #TBEWellesley or send to ELublin@TBEWellesley.org

ALL OUR PATHS LEAD TO SHALOM



What is Tashlich?

Tashlich, in Hebrew, means “casting off.” The word appears in the Book of Micah (7:19) and references God casting the Israelites’ sins deep into the sea. In medieval times, Jewish communities developed the ritual of casting their own sins (in the form of bread crumbs) into a body of flowing water.

Avinu Malkeinu

Avinu Malkeinu, answer us gently, even though we aren’t perfect. Be generous to us and we will be generous too. Be loving to us and we will be loving to each other. Save us and we will save each other.

A-vi-nu mal-kei-nu, (3x)
cho-nei-nu va-a-nei-nu,
ki ein ba-nu ma-a-sim,
A-sei i-ma-nu tze-da-kah va-che-sed (2x)
v’ho-shi-ei-nu.

אָבִינוּ מַלְכֵינוּ, חַנּוּן וְעֵנּוּן,
 כִּי אֵין בָּנוּ מַעֲשִׂים,
 עֲשֵׂה עִמָּנוּ צְדָקָה וְחַסֵּד
 וְהוֹשִׁיעֵנוּ.

Today we begin a new year

of goodness. Today, with these rocks, we are throwing away all the things that might spoil our new year. May all our bad habits, all the grudges we have held, and all the things we have done wrong be thrown away and never come back!

PERSONAL MEDITATION - AND CASTING OF SINS

(choose a rock depending on the misdeed to be forgiven, take a deep breath, release the burden of this misdeed from your heart and cast it into the water)

During this coming year:

May we enjoy good health and happiness.

May peace reign over our country and throughout the world.

May we receive the embrace of a loved one.

May we enjoy the fruits of our labors, celebrate birthdays and anniversaries.

May the sun shine on our face – but not too much.

May the Sabbath Presence enter our home and enable us to follow the teachings of Torah with love.

May we enjoy peace of mind.

May all our dreams be sweet ones.

May the world be a better place because we are in it.

May we find delight: in reading a good book, finding a bargain, doing a good deed, giving charity with a free and open hand. Whenever it rains – and it will – (but never on Tashlich)

May we have an umbrella.

And may we meet on the streets of Jerusalem, celebrating together in peace.

L’shanah Tovah Tikateivu!

לְשָׁנָה טוֹבָה תִּכְתֵּיבוּ!